# **Summer Camp FAQ:**

#### Where will my camper be sleeping?

Our cabins are air-conditioned and fully enclosed. Each cabin sleeps either 8 or 16 people in twin-size bunk beds. At night, at least two staff members will sleep in each cabin with the girls.

#### What does my camper eat while at camp?

Campers and staff eat all meals together. We provide balanced meals, and snacks if a camper needs one between meals. We encourage each camper to take a 'tester' bite of each food. If a camper is not eating, we will have other options available for them, but we encourage them to try the main dish first.

#### What if my camper has dietary restrictions?

When registering for camp, make sure that you list any dietary restrictions and food allergies.

We are often able to accommodate campers who are vegetarian, vegan, gluten-free, lactose intolerance, etc. We ensure to have food that suits every camper and staff's needs.

#### How should I prepare my camper for their first time at camp?

Practice sleeping away from home (at a friend's houses, with their troop, etc.)

Talk about and practice self-care. Such as taking a shower by themselves, brushing their teeth, brushing their hair, putting on deodorant, etc.

Talk to your camper about to how best to work through their feelings of being homesick while at camp. This can look like, writing a letter home, having a picture of family/pets, maybe asking for some more quiet/reflection time, asking a counselor to help them navigate their feelings.

## What happens if my camper has lice?

At check-in, your camper will be screened for lice/nits. Campers will not be allowed to stay if they have lice/nits and parents/guardians are responsible for treatments. No refunds are given for lice/nits. Girls may return to camp after receiving treatment at home and, if found to be lice/nit free, may then join camp.

### Can I call my camper while they are at camp?

Campers are not allowed to receive or make phone calls while at camp. If there is a problem or if your camper is not adjusting well, a member of the camp team will contact you.

#### Where can I send mail to my camper?

You can send mail to your camper to their camp location! Please be sure to address the mail as below so that it is easier for us to get mail to your camper:

Camper's Name

1919 Turnersburg Hwy

Statesville, NC 28625

We also encourage parents/guardians to also drop mail off at check-in so your camper receives a letter in the first few days. If campers would like to send letters home while they are at camp, we suggest you send her with pre-stamped and addressed stationary.

#### Do you provide transportation to camp?

No- transportation to camp in summer 2023 will not be provided.

#### What should my camper pack?

A packing list for resident campers will be provided in our 2023 camper packet (e-mailed out to all campers).

# Does my camper have to be a Girl Scout to attend camp?

You do not have to be a currently registered Girl Scout to participate in our programs. However, non-registered girls will be registered as Girl Scouts for \$35. Registering as a Girl Scout means you will have access to all of the programs offered throughout the year, and you will be the first to hear about camp next year.

## Do you provide financial assistance for camp?

Yes! We believe every girl should be able to attend camp regardless of their financial situation. To apply for financial assistance please email customercare@hngirlscouts.org

Receiving financial aid is confidential. Our camp staff do not know who receives financial assistance.

### Do you provide any discounts for camp?

We offer a tier pricing structure:

Week Long Sessions are:

\$500 if you register by February 15<sup>th</sup>

\$550 if you register between February 16<sup>th</sup> – March 31<sup>st</sup>

\$600 if you register April 1st or later

Our Mini Session is:

\$250 if you register by February 15th

\$275 if you register between February 16<sup>th</sup> - March 31<sup>st</sup>

\$300 if you register April 1st or later

Buzz Bucks may be used to help pay for resident camp programs.

### Can my camper bring a friend to camp?

Camp provides girls the opportunity to make new friends during their time at camp. However, we know there are some girls prefer to attend camp with a close friend. Girls wishing to attend camp with a buddy must provide that information in their registration. Space is provided to indicate one friend's name, and buddies must request each other. While we do our best to honor your request buddy assignments aren't guaranteed!

### What activities can my camper participate in?

Each camp has various activities that girls can participate in. Most of these archery, boating (canoeing, kayaking or circling) hiking, arts and crafts, daily time at the lake/water activities (weather dependent), outdoor cooking, team building activities, and the Phoenix Tower for older girls!

Will girls earn badges while at camp? And do you provide the badges that my camper earns at camp?

Campers will earn at least 2 badges while at camp. However, we are unable to provide the physical badges that your camper may earn. You can purchase them to put on her vest or sash at the Council store, or online.

# What if my camper doesn't feel well while at camp?

They will see our health supervisor to determine what the issue may be. If the issue persists, a member of the camp team will call the family to let them know what is happening and to decide the best course of action.

## What if my camper takes medication?

Our Health Supervisor will dispense medication to campers according to the labeled directions unless we receive a note from your physician. All medications must be in its original packaging. This includes all over-the-counter medications, vitamins and topical creams.

# My camper has an epi-pen and/or an inhaler - can she carry it with her?

Our safety regulations mean that all medication, including emergency medications, be carried by a staff member and not by the camper, the only exception is Cadettes and older may carry their own emergency lifesaving medication. Each group of campers has a first aid kit that a staff member will carry with the group at all times, and all emergency medication will be kept in it so that it is accessible to campers whenever they need it.

## How are camp staff trained?

Staff will go through 10 days of staff training. Our staff are trained and certified in all of our activities and learn about all topics that may arise during camp, such as sensitive issues, homesickness, etc.

#### What should I do if I need to pick up my camper early?

If you need to pick-up your camper early, this is not a problem. Please let camp staff know during checkin.

#### When is check in?

Week long camp sessions will check in Sunday's between 2p.m. – 4p.m. at camp.

Mini session will check in Thursday, July 5<sup>th</sup> between 1p.m. – 2p.m. at camp.

#### When is check out?

Week long and minicamp sessions will check out Friday's between 4p.m. – 6p.m. at camp.