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# I Can Make a Difference in the Carolinas Patch Program

## Purpose

The purpose of this patch program is to make girls more aware of the history and traditions of the Carolinas as well as enable them to be helpers and leaders in their communities.

## Activity Requirements

The patch program is divided into 3 sections. Activities in each section are to be completed to earn this patch. The number of activities required varies by age level (see below).

Age Level	About the Carolinas	Leadership	Community Helper
Daisy	3	1	1
Brownie	4	1	2
Junior	5	2	2
Cadette/Senior	8	2	3

## About the Carolinas

### Geography

Look at a map and find North and South Carolina. What states neighbor the Carolinas? What water bodies are near the Carolinas? Can you find the state capitals? Can you find the city or county where you live? Can you find the Blue Ridge Mountains, Appalachian Mountains, and the Outer Banks? Create a map of the Carolinas. You can draw a map, relief map, etc. Be creative. Include the geographic locations listed above.

### State Facts

When did North & South Carolina become states (statehood)? Who were the early settlers in the Carolinas? What are their state birds, state flowers, state mottos, state trees, and state songs? What is the highest and lowest point in each state? What is the largest city in each state? How large (or what is the area in square miles) of each state?

### State Flags

Make a state flag for both North and South Carolina. What do their flags represent or symbolize?

## **People, Places & Events**

Complete one of these activities. Find out about historical places and events in the Carolinas or people of historical importance from the Carolinas. Visit a historical site in the Carolinas. Attend a state fair, cultural event, or historical reenactment of an event in the Carolinas.

## **High Country, Low Country**

The Carolinas are also referred to as the High Country and Low Country. What is this in reference to? What is unique about each of these areas? What foods are traditionally served? Do these areas have historical importance?

## **Lighthouses**

Lighthouses are found along the coastlines of the Carolinas. Find out about the history of Carolina lighthouses. Then select one lighthouse and make a model of it. It can be a drawing or craft creation.

## **First in Flight**

The Wright Brothers made their historic first flight in North Carolina. Find out more about this historic event. When and where did it take place? Where were Wilber and Orville Wright from? Was this their first attempt? What did their plane look like? How are planes similar or different today? Now, find out about other 'firsts' that occurred in the Carolinas? How many can you and your family or troop/group come up with?

## **Food**

Complete one of these activities.

1. Find and make a recipe for a dish that is credited to either North or South Carolina.
2. Attend a traditional Carolina BBQ or learn how to make Sweetened Iced Tea.
3. Pecans are grown regionally in the Carolinas. Find a recipe that used pecans and make it to share with your family or troop. Can you make a recipe of your own using pecans?

## **Crafts**

Complete one of these activities.

1. Learn about some traditional crafts made in the Carolinas. Find an example of one of these crafts or make one yourself to share with others.
2. Visit a pottery studio, local Museum of Arts (and Crafts), or attend a local arts & crafts event or festival. What did you learn about arts and crafts in your area?

## **Literature**

Read a book or a story that is set in the Carolinas or written by an author from the Carolinas.

## **Song & Dance**

Complete one of these activities.

1. Learn songs that are about the Carolinas or written by Carolinians.
2. Clogging is the state dance of North Carolina. Learn the history of Clogging and how to Clog.
3. The Shag dance style originated where & when? Learn more about Shagging and some Shag dance steps.
4. Choreograph a dance to a song about the Carolinas or a song by a Carolinian. Teach your dance to others.

## **Leadership**

### **Know Your Leaders**

Who are the leaders in your community? Find out who the Governors are for North and South Carolina. Find out who the US Senators from North and South Carolina are. Who is the mayor of your community?

### **Become a Leader**

What are some ways you can be a leader in your community? What areas of leadership interest you?

Complete one of these activities.

1. What areas of need exist in your community? With your troop/group, make a list of needs in your community. Then decide how you can act upon these needs.
2. Participate in a Leadership or Government activity.
3. Write a letter to a public official and ask how they became a community leader and what advice they can offer you in becoming a leader.

### **Meet a Leader in Your Community**

With your troop/group, arrange to meet a community leader. Leaders serve in many different capacities. They may be a Mayor or Student Council President. Ask one to speak at one of your troop/group meetings.

## Community Helper

### **Keep the Carolinas Clean**

Complete one of these activities.

1. With your troop/group or family adopt a highway, park, river, stream or watershed in your community.
2. Find out about air, water, or soil pollution and how you can help fight against pollution. Create a list of ways you can individually fight pollution.
3. Learn about recycling. What items can be recycled and how does recycling work? What items are made from recycled items? With your troop/group have a recycling drive. Try to visit a recycling center.

### **Energy & Fuel Conservation**

Find out how we use energy and fuel in our daily lives. Find out ways you can help save energy and fuel. If possible, visit a power plant and take a tour to discover how energy is made for your community. Create an energy and fuel conservation plan with your troop/group or family and try to implement those ideas for at least one week. How much energy or fuel do you think your troop/group or family saved?

### **Wildlife Conservation**

Wildlife is also another natural resource. We need to keep our wildlife safe from harm. We also need to find ways to not allow them to become endangered or extinct.

Complete one of these activities.

1. Visit a wildlife refuge (ex. Carolina Raptor Center). Find out how they help wildlife in your community. Find out what you can do to help wildlife in your community.
2. Visit a local zoo with your troop/group or family. What animals did you see? Were any on the endangered species list? Did you find out what the zoo does to preserve wildlife? Create a list of ways you can help wildlife and share it with others.

### **Community Service at Home**

Participate in community service activities in your area. These activities can be troop, district or GSHNC sponsored. Activities may include: food drives, collecting books, clothing or other items for organizations, helping displaced families, volunteering at a soup kitchen, hospital, or at a Retirement Center.

### **Community Outreach**

Participate in philanthropic activities to make others more aware of Girl Scouting and ways Girl Scouts reach out beyond their communities. Activities may include: Operation Christmas Child, sponsoring a Soldier or Troop overseas, March of Dimes, or raising awareness of health-related issues.