

Program Eligibility

☐ All Ages
 ☐ Brownies and Up (2nd Grade+)
 ☐ Juniors and Up (4th Grade+)
 ☐ Cadettes and Up (6th Grade+)

Location	Regular Session Min/Max*	Ratio of Facilitators: Participants	Facilitator Qualifications Certifications must be CURRENT . Must ALSO have undergone a GSHNC skills check within the last 12 months.	Details See Notes on next page for details on all *†§ markings.
Archery	8* / 25	1:25 (Max 9 girls at firing line)	USA Archery level 1 or higher, or equivalent	All Daisies, and any Brownies who cannot use regular bows, will use lightweight safety bows and arrows.
Sling Shots	8* / 25	1:25 (Max 9 girls at firing line)	USA Archery level 1 or higher, or equivalent	Held at Archery range if available. If range in use, portable range equipment can be used at approved locations.
Co-Op Games	8* / 25	1:16	GSHNC Co-Op Course training or equivalent	Teambuilding field games, good for medium-to-large groups.
Co-Op Course	8* / 25	1:16	GSHNC Co-Op Course training or equivalent	ALWAYS begins with ground activities. Group will progress to elements at facilitator's discretion - this varies group by group. May book two sessions back-to-back if interested in
Advanced Co-Op Course	8 / 16 (sessions are 3 hours)	1:16	GSHNC Advanced Co-Op Course training (<i>formerly Group Rescue</i>) or equivalent	Begins with ground activities, and progresses through several of the challenges in the Co-Op Course, including some with a Group Rescue theme. Progression is at the
Phoenix Tower	8 / 25 (sessions are 3 hours)	2:25 (2 climbing at a time)	High ropes certification from verified providing agency (ex: ACCT)	More of an individual activity, the Phoenix Tower emphasizes challenge-by-choice and encourages participants to cheer each other on as they tackle the tower on their
Creek Stomping	8* / 20	1:20	ARC Basic Water Rescue or equivalent	Water cannot be deeper than knee-high. One adult per 10 participants must complete on-site Watcher orientation. §
Fishing	8* / 10*	1:10	Documented experience in instructing youth in fishing activities	Fishing will take place at the Dam. One adult per 10 participants must complete on-site Watcher orientation. § Bait is only provided for groups paying the facilitator fee.
Lake Swimming	8* / 20	1:20	ARC Waterfront Lifeguard or equivalent	Participants must undergo swim check or be limited in swimming area. One adult per 10 participants must complete on-site Watcher orientation. §
Canoeing	8* / 12*	1:12	ARC Small Craft Safety or Waterfront Lifeguard, American Canoe Association, or equivalent	An adult must paddle each boat that has Daisies. One adult per 12 participants must complete on-site Watcher orientation. §
Corcl Boating	8* / 12	1:12	ARC Waterfront Lifeguard or equivalent†	Participants are likely to get wet, head to toe. One adult from group must complete on-site Watcher orientation. §
Kayaking	8* / 10*	1:10	ARC Small Craft Safety or Waterfront Lifeguard, American Canoe Association, or equivalent	One adult from group must complete on-site Watcher orientation. §
Stand-Up Paddle-boarding	8* / 10	1:10	ARC Waterfront Lifeguard or equivalent†	Participants are likely to get wet, head to toe. One adult from group must complete on-site Watcher orientation. §
Axes, Knives, Saws	Standard supervision ratios	Standard supervision ratios	GSHNC Firebuilding and Outdoor Cooking training or equivalent	Participants must be able to understand safety procedures and handle equipment correctly.
Campfires, Camp Stoves	Standard supervision ratios	Standard supervision ratios	GSHNC Firebuilding and Outdoor Cooking training or equivalent	Participants must be able to understand safety procedures and handle equipment correctly.

*Notes

- PLEASE NOTE these ratios, facilitator qualifications, and maximums are valid only for activities **at our Council's properties and for Summer Camp**. If anyone is planning an event at another property, or a Troop Trip, they should follow the requirements in Safety Activity Checkpoints.
- Activities are displayed above in clusters based on area (waterfront, teambuilding, etc.), so that you can plan for girls to progress through each area as they grow up, eg: a Brownie could start with Co-Op Games, then do the Co-Op Course as a Junior, and the Advanced Course and Phoenix Tower as a Cadette.
- If you would like to use a volunteer facilitator and believe that they have a certification that would qualify as 'equivalent' to the listed requirements, please contact Customer Care to confirm BEFORE reserving your area.
- ARC = American Red Cross
- Facilitators CANNOT 'double up' on what they are supervising—if you are running Canoeing and Kayaking at the same time, you will need TWO facilitators.
- † If using both Corcl Boating and Stand-Up Paddleboarding simultaneously, you may instead have one Waterfront Lifeguard oversee both activities overall while two Small Craft Safety certified facilitators lead them.
- * You must always at least pay for as many girls at the listed session minimum. Groups providing their own facilitator will not pay the facilitator fee per girl, but will still need to enter at least the minimum number in the registration system to book online.
- * Session maximums with an * can be *doubled* IF you are providing **at least** one certified volunteer facilitator. Kayaking maximum increases to 18 total. Please discuss with Customer Care for pricing. Session maximums without an * cannot be doubled.
- Session maximums MAY be exceeded for all-camp activities **with Camp Director's permission**, but instructor/watcher : participant ratios MUST be followed.
- § Watchers must be trained BEFORE session begins — once trained, they can serve as Watchers for a full year before undergoing an additional training/skills check. Groups with Daisies must have 1 watcher per 6 participants at Fishing and Creek Stomping only.

Additional questions? Contact us at:

704-731-6500 or customercare@hngirlscouts.org