2019

Awards Ceremony

SATURDAY, APRIL 13, 2019
Myers Park United Methodist
1501 Queens Road
Charlotte, NC 28207
2019 Board Level Awards

APPR eCIATION PIN
Honoring those who delivered outstanding service to at least one geographic area, Service Unit or program delivery audience in a way that furthers the GSHNC’s goals.

BETH COOK – UNION 1
In addition to serving as a troop leader, Beth is currently the Service Unit Manager for Union 1, successfully increasing membership and retention of girls and leaders during her tenure. She has served as the Junior Age Level Consultant for multiple years and as a Delegate for her service unit. Beth was instrumental in helping Union 1 exceed Sister to Sister campaign goals in chairing the Cupcake Challenge event. She also co-chaired the first Little Brownie Baker Brownie Sleepover where 125 Brownies and their leaders traveled through rotations to satisfy requirements for the Cookie Pin. Other service unit involvement includes her work on the encampment committee, the Union 1 bridging ceremony, and Santa’s Workshop.

HELEN DICKERSON – MECK 8
Helen has been a member of Girl Scouts for 18 years and a Troop Leader for over 10 years. She has been the Meck 8 Treats and Reads Manager and Cookie Manager for 4 years. As Cookie Manager, she created a breakout session at a service unit meeting where leaders rotated through stations learning about Secret Shopper, eBudde, and other important cookie skills. She has also helped at the council level by running a station at the GSHNC Cookie Celebration. As a service unit team member, she has been involved with the Mother/Daughter Encampment and Service Unit Encampment for Older Girls for over 5 years, doing everything from organizing the event to being the Lead Cook for the Kitchen. Helen also organized the Older Girl Encampment. Additional Service Unit committees/involvement include serving as the Meck 8 STEM Coordinator and as a member of the recruitment team.

MEGAN HALL – YORK 2
Megan has been a Troop Leader since 2014. She joined the Fall Encampment Committee for her service unit in 2016. During that time, she noticed a need for outdoor activity facilitators and was inspired to become certified as both a small watercraft facilitator and an archery facilitator in 2017. Since then, she has used her training and skills as a facilitator for multiple events, including the York County Girl Scout Day Camp and the York 2 Fall Encampment. In addition, Megan volunteers her facilitation training and skills to help other service units with their encampments. Megan has also served as a Delegate and as the York 2 Recruitment/Data Coordinator for 2 years. Additional involvement at the service unit level includes serving as the Bridging Requirements Event Chair, Cookie Rally Co-Chair, and as a member of the Fall Encampment Committee.
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**BECKY HAMILTON – MONTGOMERY**

Becky has been a leader for the Mt. Gilead Girl Scout troop in Montgomery County for over 13 years. After her daughter aged out of Girl Scouts, Becky continued leading the troop in order to mentor new leaders so that the troop can continue to operate in this rural area. She is continuing her involvement on the service unit team to support Girl Scouts even after all members of the troop have graduated. Over the years, she has held multiple positions on the Montgomery team including Treasurer, Registrar, and Delegate. During her tenure as a Girl Scout volunteer, she has mentored countless other co-leaders, parents and service unit team members and is a sounding board for all Montgomery County ideas. She has a wealth of valuable knowledge about Girl Scout programs in Montgomery County and the county as a whole, which helps to enhance the Girl Scout Leadership Experience.

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**MARGARET HERDEGEN – UNION 3**

In addition to serving as a Troop Leader, Margaret has been on the Union 3 Service Unit team for 5 years. She has been the Communications Coordinator since 2017 and has significantly improved communications by identifying a new technology platform for the Service Unit calendar and communications. Her service unit team positions have included serving as the Community Service/Visibility Coordinator, working with troops to coordinate opportunities to partner with agencies/groups in the community to provide service to Union County. She has been the Events Coordinator since 2015 and has been instrumental in coordinating Girl Scout involvement in the holiday parade in Waxhaw and she provides her expertise for service unit encampments where she also serves as a facilitator. Additionally, she has served as the Junior Age Level Consultant, Daisy Age Level Consultant, and New Leader Mentor.

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**AMY LEMONIS – UNION 1**

Amy has been a Troop Leader for 3 years and currently leads two troops. She began working with the service unit team as a Recruitment Volunteer and volunteered to be the Data Coordinator last year. In her short time as a Girl Scout volunteer, she has also taken on other very important roles, including serving as the Day Camp Coordinator, Unit Leader, and Encampment Coordinator. Additionally, she has been a Delegate for the past 2 years. Other service unit involvement includes coordinating events such as the Me & My Guy Dance, Game Night, and Leader Night Out events. She also serves on the Adult Awards Banquet Committee for the Union 1 team.
MARY BETH ROTH – UNION 3
In addition to serving as a Troop Leader, Mary Beth has been very active on the Union 3 Service Unit Team. During the time when Union 3 was a new service unit, Mary Beth was one of a handful of very committed leaders who were invested in developing the service unit by concurrently filling multiple positions. She has been the Service Unit Treasurer for several years and is a strong support to the current Service Unit Manager. Under her leadership as Sister to Sister Coordinator, Union 3 has exceeded their goal for the past 2 years. She planned the very first Union 3 outdoor summer day camp and has also served as the Older Girl Consultant and as the Sponsorship Coordinator. Mary Beth also serves on the planning committees for several Union 3 events, including Me & My Gal Bingo, Me & My Guy Dance, and World Thinking Day.

CHRISTINE STIKELEATHER – YORK 2
Christine has been a Troop Leader for 5 years. She serves as both the Cookie Manager and Treats and Reads Manager for York 2. In her role as Cookie Manager, she secures cookie booth locations in York County and volunteers for the GHSNC Cookie Pick-Up. She became an Archery Facilitator and has been facilitating archery for York 2 events and the York County Day Camp for the past 3 years. She has also served on the Cadette Journey Lock-In, Fall Encampment, and Santa's Workshop planning committees and readily volunteers her services as a First Aider for service unit events. Christine has accepted some of the most demanding roles within the service unit while attending school full time and maintaining honor roll status.

BETH WAGNER – YORK 2
Beth has been a Troop Leader since 2008 and has served in many different positions on the York 2 Service Unit Team. She served on the Recruitment and Placement team from 2009-2013 and held the positions of Service Unit Manager from 2013-2017 and Service Unit Treasurer from 2013-2018. After chairing and planning several at-capacity events, Beth volunteered to coordinate events and has been the York 2 Events Coordinator since 2015. During this time, she has planned and executed many successful events, including the Mother/Daughter Dance, World Thinking Day, Santa's Workshop, and the Service Unit Cookie Rally. As the Events Coordinator, she developed an events training process along with a guide and checklists for before and after the events. She has served as the York County Day Camp Director since 2016 where she oversees 65+ volunteers and 50-70 Program Aides. As Day Camp Director, she implemented a Day Camp Open House to increase participation and recruit new girls into Girl Scouts.
AMY WILLOUGHBY – YORK 2
Amy has been a Troop Leader since 2010 and has been very active on the York 2 Service Unit team for 6 years. Since 2013 she has provided “New Troop Baskets” to new leaders. The baskets include items such as art supplies, crayons, pens, pencils, American flags, glue sticks, first aid instructions, calculators, and more to help the new leaders get started with their Girl Scout Troops. She has coordinated Girl Scout involvement in the Fort Mill Christmas Parade for 5 years, served on the Recruitment Committee for 3 years, and as the Food Drive Coordinator for 2 years. She has also served as a Delegate since 2014. Amy has also served on the planning team for many York 2 events, including the Cadette Journey Lock-In, Fall Encampment, Mother/Daughter Dance, Day Camp, and World Thinking Day.

LAURIE WOHLFARTH – MECK 12
Laurie is the leader of a multi-age level troop serving over 60 girls. She has been the Meck 12 Encampment Co-Chair for the past 5 years, greatly improving the organization and impact of encampments. Under her leadership, troop participation in encampments has increased by over 50%. She has been the Service Unit Communications Chair for 3 years and has improved service unit communications and attendance at monthly meetings by ensuring leaders are informed of upcoming meetings and events by managing Meck 12 social media pages. She is helping to use resources wisely through creating a Yard Sale Facebook page where leaders can sell or give away left over items that other troops may need.
MARY BRAUN – MECK 12
Mary has been a Troop Leader for 13 years and is active at both the service unit and council levels. She has been involved with multiple service unit events, activities, and positions over the years, including being the Product Sales Manager for 7 years. Mary has participated in the GSHNC Cookie Pick Up for the past 4 years and has recruited multiple additional volunteers for this event. She has also served on the GSHNC Gold Award Committee for the past 4 years, proudly mentoring several girls through the detailed Gold Award Process. Through sharing her experiences on the Gold Committee with those in her service unit, she has inspired several other volunteers to join this important committee.

IAN KEEFE – YORK 2
Ian has been a Troop Leader for 9 years. He is a dedicated volunteer for York 2 and GSHNC as a whole. He is very active on the York 2 Service Unit team, planning and participating in many different activities and events. He has volunteered multiple times and taken on many roles for the York 2 Fall Encampment. As Kitchen Lead, his organizational skills were so exemplary that GSHNC staff used his techniques as a model for training other service units in the camp kitchen. At the council level, Ian volunteers as a facilitator for both Fire Building & Outdoor Cooking and Overnight Camp Experience trainings. He is a facilitator for archery and small craft safety and facilitated the GSHNC council-wide “Archer’s Ready” program. Other council-level involvement includes his volunteer work for 3 years with the Council Cookie Pick Up and the GSHNC “SKY’s the Limit” Adult Retreat where he served on the committee and as a facilitator.

KIMBERLY KEEFE – YORK 2
Kimberly has been a Troop Leader since 2009. She is very active at both the service unit and council level. She has served in many different roles on the York 2 Service Unit Team, volunteering with recruitment, placement, awards, encampments, and more. She has served as a GSHNC facilitator for both Leader 101 and Fire Building and Outdoor Cooking. As a facilitator for Leader 101, she has trained over 300 new leaders for GSHNC. After the training went online, she continued to mentor new leaders to help them with their Girl Scout Troops. She is also a GSHNC Facilitator for archery and small craft safety and facilitated the GSHNC council-wide “Archer’s Ready” program. In addition, Kimberly served as a committee member and facilitator for the GSHNC “SKY’s the Limit” Adult Retreat. She has very recently become a staff member of GSHNC!
2019 Board Level Awards

HONOR PIN

Honoring those who delivered outstanding service to two or more geographic areas or program delivery audiences.

JILL PALMER – GSHNC STAFF

Jill has been the staff accountant at GSHNC for 16 years. In addition to her role maintaining the GSHNC finances, she also volunteers her time in other meaningful ways. She is passionate about sustainability, wildlife, and the environment and is the driving force behind making sure that GSHNC operates with minimum waste by implementing a recycling program. Over the years, she has helped many girls with projects that have to do with the environment, including mentoring girls who are pursuing their highest awards in Girl Scouting. Her relationships with wildlife groups have led to important connections for Girl Scout programs, secured mentors for girls pursuing Highest Awards, and influenced projects around our properties. She was instrumental in making recommendations for wildlife sustainability in the purchase and development of the Dale Earnhardt Environmental Leadership Campus at Oak Springs, including ensuring that the North Carolina Butterfly Highway passed through the property.

CONTINA SALYER – STANLY

For 7 years, Contina has been the leader of one of the largest Girl Scout troops in Stanly County. In addition, she has held multiple roles on the service unit team for the past 4 years and is also involved at a council level. She works to include other rural areas in her events. As the Cookie Manager, she organizes a local cookie rally for girls in Stanly, Anson, and Montgomery counties and volunteers with the GSHNC Cookie Pick Up. As the Treats and Reads Manager, she organized a fall product sales rally, inviting neighboring Service Units to attend. Stanly is the first service unit to host a Treats and Reads Rally! In addition, she has served for 3 years as a member of the Gold Award Committee and she is a facilitator for Highest Awards trainings. She is passionate about girls working to achieve the highest awards in Girl Scouts and is a champion for these awards with parents, leaders, and girls.
EILEEN DUNLAP – MECK 19
Eileen has been an adult member of Girl Scouts for 24 years and has volunteered with GSHNC since 2007. After becoming a member of the Meck 19 Service Unit in 2012, she quickly progressed to serving in numerous roles at the troop, service unit, and council levels. She has been a member of the GSHNC Board Level Awards Committee since 2016 and is a strong advocate for volunteer recognition. Eileen was one of the founding members of the GSHNC Global Action Committee. In this role, she has worked on numerous efforts to organize and deliver globally focused programs, including the UNCC International Festival and Older Girl World Thinking Day events. She is passionate about travel and has been instrumental in developing a travel progression pipeline of GSHNC-sponsored trips. As an employee of Wells Fargo and a Girl Scout volunteer, she has taken one of the lead roles in designing and implementing financial literacy programming for Girl Scouts of all grade levels through the Hands on Banking program. She has worked to bring financial literacy skills to girls across the socio-economic spectrum by hosting events at the GSHNC Cookie Rally, in multiple service units, Title I schools, the 2017 G.I.R.L. Girl Scout National Convention, and for refugees in the Charlotte region. Under her leadership, the Hands On Banking program has reached over 12,000 girls and has become a foundational tool-kit for financial education across the Carolinas.
Girl Scouts of the USA Lifesaving Awards are national recognitions given to a registered Girl Scout who has saved or attempted to save human life under circumstances that indicate heroism. These awards are reserved for those Girl Scouts who have performed heroic acts beyond the degree of maturity and training expected at their age. One of these awards is the Medal of Honor.

MEGHAN STRAND

Girl Scouts, Hornets’ Nest Council is proud to award the Medal of Honor for saving a life to Meghan Strand, a Girl Scout Cadette with Troop 1883.

Meghan was diving with her family aboard a live-a-board dive boat off the Kona coast of the Big Island of Hawaii. While diving at approximately 50’, her father began to experience chest pain and respiratory distress. The two surfaced, and broke through the water about 100 yards from their ship. Meghan, a certified Jr. Open Water Driver, remained calm and remembered her training. She stabilized her father at the surface of the water, and made sure his Buoyancy Control Device was fully inflated for floatation and his regulator remained in place to help his breathing. She called for assistance from the dive boat, and once help arrived, she was able to help her father return to the boat. Once on board the boat, Meghan made sure her father was in stable condition and recovering before beginning to remove her own diving gear.

Her level head during her father’s medical emergency in the ocean helped ensure he made a full recovery.
Endowed Scholarships

The following scholarships are awarded to Girl Scouts who have demonstrated commitments to academic excellence and community involvement.

Eight endowed scholarships are available to provide additional funds to deserving young women in our council in their higher education pursuits.

**Patti Belcourt Scholarship**

The Patti Belcourt Scholarship was established in 2016 by Patti Belcourt, a dedicated troop leader, Gold Award Committee member, volunteer, and supporter of the Girl Scout mission. To qualify for this scholarship, applicants must be a current resident of Union County and must demonstrate academic excellence and a commitment to community service. Completion of the Girl Scout Gold Award is preferred, but not required.

The 2019 Patti Belcourt Scholarship is awarded to Payton Mills.

**Barbara Glazier Bernhardt Scholarship**

The Barbara Glazier Bernhardt Scholarship is presented to a graduating Senior Girl Scout who has received her Gold Award and will attend an institute of higher education. The recipient has also demonstrated strong academic excellence, active participation in Girl Scouts and participation in non-Girl Scout activities. The scholarship was established in 1986 by Robert Bernhardt, honoring Barbara as past Board Chair and lifelong Girl Scout.

The 2019 Barbara Glazier Bernhardt Scholarship is awarded to Margaret Lostetter.

**Norma Cannon Scholarship**

This year, this scholarship is presented to two Cabarrus County Girl Scouts who will attend institutes of higher education. Completion of the Gold Award is preferred, but not required. It was endowed in memory of Norma Cannon by her children. Ms. Cannon was a lifelong supporter of Girl Scouts and its mission to help girls develop their leadership potential.

The 2019 Norma Cannon Scholarship is awarded to Kate Prager and Kayla Vazquez.

**Harper Family Scholarship**

This scholarship is presented to a graduating Girl Scout who has earned her Gold Award and has a strong academic record and commitment to community service. It was endowed in honor of Bert Harper, Board President from 2004 - 2010 by several of her colleagues at Bank of America.

The 2019 Harper Family Scholarship is awarded to Lucy Koeniger.
Congratulations 2019 Scholarship Recipients!

**BETTY LYNN LAMBERT SCHOLARSHIP**

This scholarship is presented to a graduating Girl Scout who has earned her Gold Award and has a strong academic record and a commitment to community service. It was endowed in honor of Betty Lynn Lambert, Board Chair, from 1993-2000 by her daughter, Katherine.

The 2019 Betty Lynn Lambert Scholarship is awarded to Erin Barnette.

**ROBERT W. MAIDT, JR. MEMORIAL SCHOLARSHIP**

This scholarship is presented to a graduating Girl Scout who has been a member of the organization for at least four years and who will attend an institute of higher education. Completion of the Gold Award is preferred but not required. It was endowed in memory of Bob Maidt by his wife, Michelle Maidt. Michelle is a former Board member.

The 2019 Robert W. Maidt, Jr. Scholarship is awarded to Jessica Figard.

**MARIE MCLUCAS SCHOLARSHIP**

This scholarship is presented to a graduating Cabarrus County Girl Scout who will attend an institute of higher education. Completion of the Gold Award is preferred but not required. It was endowed in honor of Marie McLucas by her employer, Primax Properties. Marie McLucas has served our council as Treasurer and Chair of the Finance and Fund Development Committees, and is a current Board member.

The 2019 Marie McLucas Scholarship is awarded to Breanna Mayfield.

**JENNY ZARTMAN MEMORIAL SCHOLARSHIP**

This scholarship is presented to a graduating Girl Scout who has earned her Gold Award and has a strong record and a commitment to community service. It was endowed in memory of Jenny Zartman by the many friends and family who loved her. Jenny was a Gold Award recipient, counselor at Camp Occoneechee, and lifelong Girl Scout. She is missed by all of us.

The 2019 Jenny Zartman Scholarship is awarded to Grace Sielsky.
Going for the Girl Scout Silver Award—the highest award a Girl Scout Cadette can earn—gives girls the chance to show they are leaders who are organized, determined, and dedicated to improving their community. Earning the award puts girls amongst an exceptional group of young ladies who have used their knowledge and leadership skills to make a difference in the world.

As a Gold Award recipient, girls are part of an elite group of women. Starting in 1916, the best and brightest undertook projects that improved their communities—and the world. The Golden Eaglet insignia, the highest award in Girl Scouting from 1916 to 1939, marked the beginning of a long tradition of recognizing the extraordinary efforts of extraordinary girls. From 1940 to 1963, the Curved Bar Award was the highest honor in Girl Scouting. From 1963 to 1980, the highest award was called First Class. And since 1980, the Gold Award has inspired girls to find the greatness inside themselves and share their ideas and passions with their communities.

The Girl Scout Gold Award represents the highest achievement in Girl Scouting. Open only to girls in high school, this prestigious award challenges them to change the world—or at least their corner of it. By the time a girl puts the final touches on her seven-step project, she’ll have solved a community problem—not only in the short term, but for years into the future.
Congratulations, Girl Scouts!

This year, 39 GIRLS completed their Gold Award

This year, 144 GIRLS completed their Silver Award

This year, 9 GIRLS earned a GSHNC scholarship!
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**SILVER AWARD GIRL SCOUTS**
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Emma Amos

**MASONRY FOR GIRLS**
Emma's project focuses on getting more girls involved with masonry. She increased the awareness of masonry by providing a very successful workshop for girls in her community. The workshop was held at a local church where her team taught girls about masonry through a hands-on project of building a fire pit. She also created a step-by-step brochure on how to build a fire pit to help increase awareness and has shared per project through social media.

Rachel Anderson

**CLOTHING CLOSET**
Rachel's project benefits middle-school students from low income families. She is helping them feel secure, building their self-confidence and working to prevent them from being bullied by giving them access to gently used, fashionable clothing at no cost. The guidance office and philanthropic clubs will continue operating the clothing closet she started at Pleasant Knoll Middle School. Rachel has also educated others, through social media, on how to re-create this project in other locations.

Ahlina Archibald

**MCSA’S MAGNIFICENT MOBILE LIBRARY**
Ahlina is working to improve literacy skills by inspiring children to love to read at an early age. Mallard Creek STEM Academy is a new school without a formal library, so Ahlina created the Magnificent Mobile library which roams from class to class with a diverse selection of books for grades K–3. Additionally, she created a website dedicated to explaining the process for mobile library creation and maintenance and has shared it through social media.
Lily Ashendorf

**READING FOR BOYS**

The goal of Lily’s project was to inspire elementary-age boys to spend more time reading and less time watching television and playing video games. She partnered with Read Charlotte and with a local school to develop curriculum for 2nd to 5th grade boys that includes specific book selections and fun activities. Her project was successful in inspiring boys to read. Her curriculum has been distributed to schools and other agencies for use with their book groups.

Kaity Bailey

**KAITY’S CLOSET**

Kaity’s project addresses homelessness. She partnered with a local family care home and created a sustainable giving closet. The agency now has an overflow of supplies which enables them to send groceries and toiletries with the families as they are able to move out. Additionally, she created a “10 Steps for Healthy Living” book as an educational tool that each family receives. Her project has been featured in their newsletter and shared through social media.

Erin Barnette

**AUTISM BABYSITTERS CLUB**

Erin’s project addresses the lack of qualified help for children with autism. Her team set out to provide resources to families looking for accessible care at reasonable prices. They trained 25 people on ways to offer quality aid for autistic children and set up a database of those who completed the course. She shared her project, along with a link to the training, with multiple organizations such as the Autism Society of NC and multiple other churches, enabling training for anyone who wants to get involved and adding them to the database.
PAIR NECESSITIES
Audrey's project addresses the lack of new socks and underwear, a commonly overlooked necessity, for those in need, especially those who are homeless or in low-income situations. Through her Pair Necessities project, she established a sustainable means of collecting and donating these needed items both locally and globally. Recipients of the needed socks and underwear include homeless men, women, children, emergency room patients, families affected by human trafficking, and many more.

SITTER KITS
Kimberly’s project helps hospitals with their needs regarding psychiatric patients. Hospitals have “sitters” who watch patients to ensure that they don’t harm themselves, but patients may become aggressive when they are bored. Kimberly provided “Sitter Kits” to a local hospital to combat this problem. The kits are full of items to help eliminate boredom, relieve stress, and provide interaction with others. She shared her project with other hospitals so that they can replicate this successful program.

PROJECT AFFIRMATIONS
The goal of Elly’s project is to raise awareness about mental health and provide encouragement to people with mental illnesses. She partnered with the Boys & Girls Club where children learned about mental health and created handmade affirmation cards to send to mental health facilities. This organization continues to make cards as part of a monthly project. Project Affirmation has an official website with resources so that the project can be re-created by any organization.
Jessica Figard

ERASING WASTE IN GOOD TASTE
Jessica's project addresses food waste and nutrition and aims to eliminate the disposal of fresh fruits and vegetables in landfills because it is harmful to the environment. She partnered with a food pantry and implemented a system to help utilize fresh produce. Any leftover waste is now composted and spread at a community garden. She also designed a program for children educating them about food waste and nutrition and how to reduce waste in their homes.

Emma Harris

ORGANIZATION OF ANIMALS
Emma's project focuses on helping animals. Many animals are euthanized because they can't find a home. Emma's goal is to reduce the number of euthanizations. She worked with a local pet rescue organization and implemented a database system to make the adoption process faster and easier. She also brought awareness to the issue through an animal food and supplies drive. Her project has been shared with other rescue organizations and through social media.

Vanessa Hawkins

PROVIDENCE DAY SCHOOL BLACK STUDENT UNION
Vanessa created a Black Student Union to provide a safe space to address black culture, history, and current events and help build sense of unity amongst the small number of black students at her school. The club is open to students of all races, which allows non-black students to be involved with discussion on prevalent topics impacting all races. The club will continue each year to help students understand the importance of diversity and empathy.
MOBILE FLOW
The goal of Caitlyn’s project is to provide women who are reliant on the Charlotte shelter system with feminine hygiene products so that they can be active in the community regardless of their menstrual cycles. Shelters frequently run out of these items. In order to combat this issue, Caitlyn created sustainable donation centers in high traffic areas to provide these products to women. This will enable these women to dedicate their time to attending classes, going on job interviews, etc.

ADVENTURES IN STEM
Charlotte’s project focuses on promoting STEM (Science, Technology, Engineering, and Math) to 4th grade students. She created a 45-minute, easy-to-understand, fun curriculum with experiments in each of the STEM areas and emphasized the meaning of each letter of the STEM acronym. With the support of CMS administrators, she was able to work with students at four different schools. She created a website so that other teachers can use this engaging program to inspire more students.

THE CONFI-DANCE PROJECT
Rush’s project focuses on closing the confidence gap that exists between girls and boys. She is helping young girls gain confidence during their formative years through dance and choreography workshops. At the workshops, the girls are paired with mentors who act as positive role models through their conversations and while helping the young dancers with their dance movement. Her project partners have agreed to continue the workshops for low-income middle school girls throughout the community.
**GROWING IN STEM**

Sara's project aims to increase the future population of females in STEM fields. She targeted middle school girls to participate in the “Growing in STEM” event that she created. Girls were provided opportunities such as learning about technology, participating in a variety of science experiments and learning basic engineering concepts. Her school will continue to organize and execute this event annually. She shared her idea with other STEM advocates to promote replicating this type of event.

**LITTLE SWIMMERS**

Emory’s project taught basic swimming lessons and proper water safety to elementary school children from low income households. She partnered with Caterpillar Ministries to accomplish this goal. They noticed that many children in their program did not have the exposure to water safety and wanted to address this issue to help the children. Caterpillar Ministries will continue this important program to help others.

**PROTEIN TO THE PEOPLE**

Anna's project focuses on hunger. With the growing number of backyard chicken owners, there has become an abundance of eggs, some of which end up being wasted. Her project connects the chicken owners to their communities through a Facebook group. She recruited several regional “facilitators” in NC and SC, who connect with the chicken owners to coordinate the pick-up of eggs. The eggs are then distributed to food pantries where fresh eggs are considered a delicacy.
ENGLISH SURVIVAL KITS
Gracelyn partnered with a school where more than half of the students are English Language Learners (ELLs), many of whom have little or no knowledge of the English language and must quickly adapt. She created “English Survival Kits” for students to practice their English skills and learn about American customs. The kits are now being used extensively and routinely. Templates have been shared with other schools and agencies in order to continue to help ELLs.

SELF DEFENSE FOR A SAFER TOMORROW
Taylor’s project focuses on the growing problem of sexual violence and attacks on women who do not know how to defend themselves against an attacker. To combat this issue, she connected high school and college girls with self-defense classes. She created a self-defense website and video which has been widely shared to various social media outlets. Through her video and website, she is bringing awareness to other communities about the importance of self-defense.

LIVING LIBRARY
Lucy’s project addresses the issue of illiteracy in underserved children by providing books to encourage a love for reading. She collected over 1600 books which were donated to different groups. Over 1000 books were given to a Title I school where she introduced a new system for organizing books called genre labelling. This helps make reading more enjoyable and efficient. A local church has committed to continue the project with an annual book drive and partnership with the school.
Annika Kuleba

**BEE AWARE**

Annika’s project highlights bee keeping, agriculture and environmental issues facing our world. Her goal was to educate others on the importance of honey bees and to provide opportunities for people to help. She used social media to promote “Bee Aware” events and other community events where she distributed informative brochures and over 1,300 Bee Bombs (mixture of mud, clay, and wildflower seeds) that can be tossed out in areas to let flowers grow for bees.

Louise Ladue

**V.I.P. VOLLEYBALL INJURY PREVENTION**

After being on a volleyball team where only two out of sixteen girls did not experience an injury, Louise was inspired to address sports injuries in young volleyball players. She created an easy to understand program informing girls about injuries, ways to avoid them, the risks of playing hurt and how to deal with injuries. She shared her program through seminars and presentations and with various teams and coaches, including the Carolina Junior Volleyball Club.

Margaret Lostetter

**BALL FOR ALL**

Margaret’s project creates athletic opportunities for disadvantaged children. She developed the “Ball for All” program where she hosted athletic training events that served over 600 children. After the events, sports equipment was donated to classrooms so that the children could continue to practice their skills. Her project will continue through those she partnered with. She also created a book detailing how to arrange this type of event, so that others can continue this successful program.
REAL TALK: JUST FOR GIRLS
Ashley set out to help middle and high school girls with her project by putting together a fun and educational event with breakout sessions on bullying, goal setting, relationships, and empowerment. There were successful female speakers at the event, such as a former astronaut with NASA and a Recruitment/Background Investigator with the Charlotte Mecklenburg Police. Because the event was so successful, the Girls for God ministry at her church will continue to host events like this annually.

HAPPY AT HEART IMPROV ORGANIZATION
Madi's project focuses on the declining cognition rate in senior citizens. She developed an improvisation program to help senior citizens increase their cognition and keep their minds engaged in a fun way by using a series of games designed to connect the left and right hemispheres of the brain. Her resources have been shared with various groups who are now implementing the program in different assisted living facilities and senior communities.

OUR FEATHERED BRETHREN
Urban development spreading to areas where wildlife thrives has led to fewer suitable nesting sites for owls and a decline in the owl population. To address this issue, Dominique partnered with the Raptor Center to build and maintain owl boxes as nesting and breeding sites for local owl populations. Additionally, she created a brochure documenting the procedure of building owl nest boxes which has been incorporated into the Environmental Science classes at her school.
NO CHILD LEFT HUNGRY
Breanna addressed the issue of hunger by creating a food closet at a local elementary school. The closet is available to all school social workers so that any time a student/parent indicates a need for food, it is readily accessible. A local church has agreed to replenish the closet four times per year. Breanna used a website and social media to spread information about her project and inspire similar projects at other schools and churches.

M.A.C. (MOBILE ART CONTAINER)
Lindsey’s project focuses on children who have a hard time expressing themselves. To address this issue she worked with two organizations and provided a variety of arts and craft supplies organized in mobile containers. The organizations then incorporated art into their programming, giving children the opportunity to express themselves in a fun and safe way. She promoted her project and website to others so that more organizations can benefit from incorporating art into their programs.

STEP UP
Jenna’s project supports 8th grade girls with transitioning to high school. She held panel presentations hosted by high school girls where the 8th graders could ask questions in order to gain knowledge and confidence and alleviate anxiety. She also used social media to promote mental health care by posting quotes and a “Mental Health Tip of the Day.” An outline of this program was distributed to administrators across America so that it can be implemented nationwide.
MUSICAL THEATRE BUDDIES
Jennifer’s Musical Theatre Buddies program provides extracurricular opportunities for children with financial barriers. She connected an organization with summer academic programs for children with a community-based theatre and implemented her three-week immersion program teaching children acting, dancing and singing. Both organizations are committed to continuing the program for future students with financial hardships. Her website has detailed steps for others to re-create similar programs in other areas.

TEEN DYSAUTONOMIA AWARENESS
Jennifer’s project brings awareness to dysautonomia, a disorder within the nervous system that is often misdiagnosed for years due to lack of awareness within the medical community. She partnered with a local doctor to develop an educational and supportive website for patients with a cardiac diagnosis of dysautonomia. The website is being used by the doctor’s practice on an ongoing basis and has been shared with his pediatric cardiology colleagues.

GOLDEN FRIENDS
Lorelei’s project focuses on the elderly who are placed in nursing homes and the issue that many of them become depressed because no one visits them. She created a program called the Golden Friends club to address this issue. Students in this club visit the elderly, do a variety of activities, and provide cards and gifts. She has shared her project with other nursing homes nationally and internationally so that they can implement similar programs.
SPEAK WEEK
Holly’s project provides a safe environment for people to artistically express their thoughts and opinions on any societal topic. She created and implemented a program at her school called “Speak Week” where opinions were expressed through art and through meaningful discussion with peers. Her curriculum has been incorporated into a fitness studio’s “Healthy Body and Mind” series. The series will be conducted at the studio and at area schools to help develop better emotional health.

OPERATION CALMING COLOR
Grace’s project addresses the issue of anxiety in elementary school students. She designed Calming Coloring Books and distributed them to school psychologists at different elementary schools. The psychologists reported that these coloring books were useful for calming students down when they were angry or upset, for building rapport and for using as a reward. Because the Calming Coloring Books were successful, they will continue to print and use them for their students in the future.

RACE4RETT 5K RACE
Carolyn’s project brings awareness to Rett Syndrome which is a neurological disorder that primarily affects females. Most affected people are unable to eat, bathe or use the restroom independently. Carolyn organized a very successful 5k event and effectively utilized various social media outlets to educate others about this disorder. Through her project, she has increased awareness which will lead to more funding for researchers to work on finding a cure.
DIVERSITY THROUGH DANCE
Aarushi’s project addresses the issue of tensions surrounding diversity. She uses dance to encourage discussions about South Indian culture and to fight against stereotypes. Her team organized dance workshops and performances at various locations. They organized a flash mob in Durham, NC where people passing could view dances from different parts of India. A video from this event now has over 4,000 views! She also chartered a club to continue her project.

PROJECT PLASTIC
Haylah addressed both homelessness and plastic in the landfills with her project by recycling plastic grocery bags to create sleeping mats for the homeless. The mats are soft, lightweight, and bug resistant. They dry easily and can help prevent hypothermia. She partnered with various agencies who will continue this project. Some groups are continuing to make the plarn (plastic yarn), others continue to crochet the mats, while others are housing the mats and distributing them.

AN EARTH FOR DAYS TO COME
Emma’s project informs children about the environment and inspires them to take action in their home, school, and community. She developed an Earth Day event with various station activities for students to learn the importance of taking care of the earth and how they can help. Each student wrote down a project they could complete at home. Emma shared detailed instructions on how to organize this program with many clubs and organizations through her website.
THINKING ABOUT EARNING YOUR GIRL SCOUT GOLD AWARD? KEY BENEFITS:

**Higher Education/Career:**
- Distinguish yourself among competition in the college admissions process.
- Earn college scholarships.
- Enter the military one rank higher than your peers.

**Life Skills:**
- Become a pro in team building, project planning, and time management.
- Enhance your confidence and self-worth.
- Empower yourself to lead in your own life and the world.

**Community:**
- Tackle a local issue that’s important to YOU.
- Serve as a role model for members of your community and beyond.
- Learn what it takes to achieve sustainable impact locally.
- Establish a network of supporters to last a lifetime.

**Prerequisites**
You must be in 9th, 10th, 11th, or 12th grade (or equivalent) and a registered Girl Scout Senior or Ambassador to go for your Gold. In addition, you need to have completed two Journeys (Senior or Ambassador) OR earned the Silver Award and completed one Senior or Ambassador Journey.

**THE GIRL SCOUT GOLD AWARD IN SEVEN STEPS:**
1. **Choose an issue.** Use your values and skills to identify a community issue you care about.
2. **Investigate.** Research everything you can about the issue.
3. **Get help.** Invite others to support and take action with you.
4. **Create a plan.** Create a project plan that can deliver sustainable and measurable impact.
5. **Present the plan.** Sum up your project plan for your Girl Scout council.
6. **Take action.** Take the lead to carry out your plan.
7. **Educate and inspire.** Share with others what you’ve experienced and learned.
Congratulations to the 2019 Award Recipients!

GIRL SCOUT PROMISE
On my honor, I will try:
To serve God and my country,
To help people at all times,
And to live by the Girl Scout Law.

GIRL SCOUT LAW
I will do my best to be
honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong, and
responsible for what I say and do,
and to
respect myself and others,
respect authority,
use resources wisely,
make the world a better place, and
be a sister to every Girl Scout.