# **Training Requirements for Troop Trips**

To take Girl Scouts camping with <u>Girl Scouts Hornets' Nest (GSHNC)</u>, you need to complete the <u>Outdoor Learning Path Levels 1-3</u> in gsLearn, and then attend the inperson training, which covers skills for camping with toilets and access to potable water (drinking water). To progress to higher levels, such as tent camping at primitive sites, you must also the <u>Outdoor Learning Path Levels 4 & 5</u> Backpacking and Primitive Camping. Additionally, a registered adult needs to have a <u>First Aid/CPR certification</u> (your certificate must have both First Aid and CPR listed), and you must adhere to the council's specific requirements found in the <u>Safety Activity Checkpoints</u> and <u>Volunteer Essentials</u>. If the group is camping in a place that will take EMS more than 30 minutes to get on scene, then one adult must have the <u>Wilderness First Aid certification</u>.

Here's a breakdown of the training requirements:

For any troop trip, one leader must complete both Outdoor Learning Path Level 1 modules in gsLearn.

These modules can be done online without having to take an in-person training **IF** the trip will not be using fires and overnights are spent in a permanent structure (cabin, hotel, etc).

- 1. GSHNC Outdoor Level 1 Be Safe Be Ready- Girl Planning
- 2. GSHNC Outdoors Level 1 Be Safe Be Ready- Outings and Overnights

For basic camping trips, one leader must complete the Outdoor Learning Path Levels 1-3 and take the in-person overnight training.

## 1. **Level 1**

- Be Safe, Be Ready Outings & Overnights
- Be Safe, Be Ready Girl Planning

- 1. **What it is:** This is the first step in GSHNC's Outdoor Training, allowing you to take girls to sites with flush toilets and potable water.
- 2. Allows troops to hold day trips, simple overnight activities, in a leader's backyard where no fire building or outdoor cooking is required.
- 3. **How to complete:** You must complete the online learning path and score at least 80% on the linked guiz.

## 2. Level 2

- How to Leave No Trace Outdoors
- Introduction to Fire Building
- Knots and Knives
- Food Safety
  - 1. Permit a troop to lead campfires and cook outdoors at established sites that may not have full refrigeration.
  - 2. Sites must have toilets (can be port-a-potties) and access to potable water.
  - 3. This training focuses on safe fire building, outdoor cooking, and meal preparation.
  - 4. **How to complete:** You must complete the online learning path and score at least 80% on the linked guiz.
    - 1. Must also attend the in-person overnight training.
      - -Can NOT do just the online modules to get trained.

#### 3. Level 3

- The Overnight Experience
  - 1. Sites must have toilets (can be port-a-potties) and access to potable water.
  - 2. This training covers the skills needed for managing a campsite, including tent setup, outdoor safety, and fire use.
  - 3. **How to complete:** You must sign up and attend the in-person overnight training. Registration can be found on the council event calendar.

## 4. Levels 4 & 5

## Backpacking and Primitive Camping

- 1. Leaders are required to attend the in-person training.
  - 1. No online training required.
  - 2. Prior completion of Levels 1-3 is required.
- 2. This training prepares a leader to guide a group on an overnight backpacking trip through the wilderness.
- 3. Training teaches advanced skills in trail selection, equipment, packing, and emergency preparedness.
- 4. Training prepares leaders to take troops primitive camping without shelters, bathrooms, or potable water.
- 5. Training focuses on advanced safety, sanitation, and minimalimpact camping techniques.

## General Requirements for All Camping:

#### First Aid/CPR Certification:

At least one adult for the trip must have a current First Aid/CPR certification.

## • Registered Adult:

Any adult taking girls on a camping trip must be a registered member of Girl Scouts.

#### Consult GSHNC Resources:

Always refer to the GSHNC website for the most current information on training, Safety Activity Checkpoints, and Volunteer Essentials.