

# **Understanding Girl Scout Travel Progression**

Girl Scout travel follows a progression model, meaning girls gradually build their travel skills, confidence, and independence over time. Each step helps Girl Scouts learn what they need to be successful at the next level. This approach ensures safety, prepares girls to take the lead, and makes travel a meaningful part of their Girl Scout journey.

### **Travel Readiness and Progression**

As Girl Scouts move through the travel progression, each step becomes a little more adventurous. To make sure every girl is ready for the next level, volunteers look at several areas of growth and maturity. This thoughtful approach ensures that girls feel confident, supported, and prepared for a safe and enjoyable experience.

### **Independence**

As trips get longer, girls are encouraged to take on more personal responsibility. Volunteers consider whether a girl can manage age-appropriate tasks such as packing her own belongings, keeping track of her items, following daily schedules, and communicating her needs. These skills help build confidence and prepare her for more complex travel.

## **Teamwork and Cooperation**

Travel is a shared experience, and being able to work well with others is an important part of the journey. Volunteers observe how girls collaborate, solve problems together, make group decisions, and contribute to shared responsibilities. Strong teamwork skills create smoother and more enjoyable trips.

### Flexibility and Adaptability

Plans can change on any trip. Weather, transportation, or scheduling adjustments may require flexibility. Volunteers look for signs that a girl can adapt when needed, stay positive when plans shift, and handle new or unexpected situations with resilience.

#### **Comfort in New Environments**

Each level of travel introduces girls to settings that may be different from home. Volunteers consider whether a girl shows interest in exploring new places, trying new things, and engaging respectfully with unfamiliar environments. Curiosity and openness help girls make the most of every adventure.

#### **Emotional Readiness**

Travel requires patience, problem-solving, and sometimes long days. Volunteers look at how girls manage stress, cope with challenges, and ask for help when needed. Girls who can navigate emotions in healthy ways are better prepared for extended travel experiences.

## **Cultural Awareness**

As girls prepare for longer or international trips, understanding and respecting cultural differences becomes essential. Volunteers consider whether girls show interest in learning about new places, are willing to follow cultural expectations, and can interact respectfully with people from different backgrounds.



### Why This Matters

This travel readiness approach helps each girl move forward at a pace that matches her developmental stage. By progressing step by step, girls build independence, leadership, resilience, and a lifelong love for exploring the world. When girls are ready, travel becomes not just a trip but a transformative Girl Scout experience.